



Lunch Time

Lunch time at Rainbow Early Years (REY) is at 12:00 O'clock each day and is supervised by members of our staff team.

The children will be asked to wash their hands and sit at a table to eat their lunch. During this time they will be able to talk about and plan the activities they wish to undertake during the afternoon and share their news. We anticipate that lunch will take approx half an hour after which the children are free to play.

At REY we encourage all our children to eat healthily and lead healthy lifestyles and appreciate your help with the selection of food you put in your child's box (no chocolate, sweets or fizzy drinks please). For the children who are here all day we have a fridge in the kitchen in which lunch boxes and drink bottles are stored. Please ensure grapes and sausages are cut in half as these can be a choke hazard and NO nuts please. If there are children who have food allergies please let us know as soon as possible.

If you and your child prefer, we are able to offer a hot meal from the School kitchens at a cost of £2.35 a day (subject to review in September). Orders need to be in by Monday morning of the week you require along with menu choices which appear on our notice board (please provide correct money in envelope and place in black tin outside REY office). Please note that there will be no hot dinners when the school is on a training day, you will need to provide a pack lunch. If not ordered by Monday you will need to provide a lunch box.

Children then can go and play/learn in the pre-school environments from approx 12.30pm

REY holds a five star rating for Food Hygiene from the Environmental Health department at Wiltshire Council, 04 March 2016.

If you have any questions about the Lunch time routine please ask a member of staff and they would be happy to help.

Nut Free Zone



Due to allergies, please do **NOT** bring **ANY** products containing **NUTS** (peanuts or tree nuts) into preschool. Thank you for helping to keep our children safe!

Reviewed July 2019